

THE UNIVERSITY OF BRITISH COLUMBIA



RECRUITMENT NOTICE

**EXERCISE TESTING AND EVALUATION OF BLOOD PRESSURE
RESPONSE TO EXERCISE FOR INDIVIDUALS WITH SPINAL CORD
INJURY AND ABLE-BODIED INDIVIDUALS**

Researchers (Principal Investigator: Dr. Darren Warburton) at the University of British Columbia are interested in examining the effects of acute bouts of exercise on orthostatic (blood pressure) response in individuals with spinal cord injury and able-bodied individuals.

We are looking for males or females:

1. who have not had a spinal cord injury,
2. between the ages of 18 and 40yr,
3. who are able to independently cycle with their arms, and
4. that are free of known cardiopulmonary (heart and/or lung) disease.

All subjects will be asked to undergo a familiarization day and 4 testing sessions (4 hours each session) for 3 weeks. These sessions will involve maximal aerobic fitness testing, and evaluation of blood pressure response following a period of rest and following bouts of exercise.

If you are interested and would like some further information please feel free to contact Shirley Wong (Student Investigator) (scwong.ubc@gmail.com; 604-822-1337) at the University of British Columbia.